

Sports: Youth & Adult Leagues & Teams



St. Mary's County Recreation & Parks offers a variety of youth and adult sport leagues both competitive and recreational.

Youth Leagues

Basketball & Cheer

- Registration details posted in August.
- Recreational & Competitive
- Practices & games begin in November and end in March

Gymnastics

- Registration year-round
- Recreational Classes
- USAG & Xcel Team
- Program located at the St. Mary's Gymnastics Academy

Indoor Soccer

- Registration opens November
- Individual & team registrations
- No practices; games played January-March
- Leonard Hall & Margaret Brent Recreation Centers

Sports Camps & Academies

- Registration opens March 1
- Instructional and learn-to play options
- Sports Academies with local high school coaches

Adult Leagues

Indoor Soccer

- Offered year-round for individual and team registration
- Games held at Leonard Hall Recreation Center weeknights

Roller Hockey

- Year-round play at Leonard Hall Recreation Center
- Registration by individual and teams formed
- Must have some experience

Kickball

- Registration opens each Spring
- Recreational co-ed league
- Games held weekday evenings
- Games played June-August

Volleyball

- Registration opens each Fall
- Women's & Co-Ed leagues
- Games held at Margaret Brent Recreation Center

Not finding what you are looking for?

Volunteer Affiliated Youth Sports Leagues

Many youth sports are operated by volunteer sports leagues. Please visit the County Sports Directory for more details.

MORE INFO

