



St. Mary's Gymnastics Academy



Recreational Classes & Summer Camps offered at 46961 Bradley Blvd. in Lexington Park just off Willows Road and less than a mile from Lancaster Park.

Recreational

Recreational gymnastics provides children with a positive youth development opportunity offering a comprehensive and progressive gymnastics program, with trained staff and safe equipment. The gymnastics program will help foster confidence and self-esteem while children will learn to participate with others individually and within a team environment.



Parent Handbook

The parent handbook provides details of operations, parent and participant expectations, and program structure.



Class Registration

Classes are available throughout the year over five different sessions. All skills levels are welcome and classes start with parent and tot through advanced level gymnastics.

Proper Gymnastics Attire

- Before class begins, please make sure the gymnasts have removed all jewelry and pulled their hair away from their face.
- Parents and Tots gymnasts may wear warm-up suits or shorts without zippers, buttons, or drawstrings. Parents participating in Parents and Tots classes should dress in comfortable attire.
- No dress shoes or hiking boots.
- With the exception of Parent and Tots students all other female gymnasts must wear a leotard.
- Male gymnasts should wear comfortable shorts with elastic waist bands. T-shirts must be tucked in. Absolutely no shorts with zippers, or jeans, or baggy clothing.
- No tennis shoes are permitted. Gymnasts must have bare feet. The only other footwear permitted will be gymnastic or ballet slippers.
- Tights alone on the feet are not permitted because they are often too slippery.

Operations

Membership Fee

An annual membership is required to qualify for early registration. This can be purchased online and is valid one-year from the date of purchase.

Recreation Classes

A variety of levels are offered to assist in the development of your gymnasts:

- Parent & Tots (age 1 & walking)
- Parent & Tots II (age 2-3)
- Tumble Tots (age 3-4)
- Kindergym (age 5)
- Kartwheel Kids (age 6-7)
- Beginner Gymnastics (age 8+)
- Intermediate Gymnastics (age 7+)
- Advanced Gymnastics (age 7+)
- Basic Tumbling (age 7+)
- Intermediate Tumbling (age 7+)
- Boys Gymnastics (age 7+)
- Summer Camps (weekly in July)

Class Schedule

Classes are offered once a week over an 8-week session. Early registration is granted to currently enrolled participants and open registration takes place approximately 2-weeks prior to the first class. For details, visit the [Gymnastics Academy website](#).

Contact Us



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